## Allergens Food Guide



Please notify us when giving your order to your server if you have any allergies even if you believe your dish to be allergen free (for example where you request a dish without crackers. This is to allow our managers to make sure at every point that you are looked after!

If this allergens guide has been printed, please note that it may not be accurate or up to date, therefore please scan this QR code to view our online version



This booklet was last updated in Feb 24

At Banana Tree we care about YOU, which is why we ask that you read this booklet carefully and ALWAYS inform member of the team if you have any concerns about allergies or intolerances

# Please notify us when giving your order if you have any allergies.

## All information correct at time of printing - Feb 24 INDEX

Dishes suitable for those with CELIAC disease	4-5
GLUTEN free dishes	6-7
CRUSTACEANS free dishes	8-9
EGG FREE dishes	. 10-12
FISH FREE dishes	13-14
MILK FREE dishes	
MOLLUSCS FREE dishes	18-19
NUT FREE dishes	.20-22
PEANUT FREE dishes	
SESAME FREE dishes	.26-28
SOYBEAN FREE dishes	.29-30
CELERY FREE dishes	30
MUSTARD FREE dishes	30
LUPIN FREE dishes	30
SULPHITES FREE dishes	31-32
Kids Menu	33-34
Breakfast Menu	35-37
Breakfast Buffet	38
Taps Sets	

Our guide will let you know which of the 14 main allergens are in our dishes. You should always inform a member of staff of any dietary requirements, including allergies or intolerances. We describe all of the ingredients in our dishes as thoroughly as we can,

however we cannot guarantee that traces of allergenic foods never occur due to the risk of cross-contamination in the cooking process. It is your responsibility to m

Some dishes, whilst not containing an allergen or ingredient themselves, are cooked in our deep-fryers, grills and woks. Whilst our kitchen equipment is cleaned regularly, they may have also been used to cook products containing an allergen or other ingredient during service.

All of our dishes are prepared and cooked in kitchens where allergen ingredients

(e.g nuts, flour etc) are commonly used, and we therefore cannot guarantee our dishes will be free from all traces of these products. All dishes may contain ingredients not listed on our printed menu.

We use eggs, dairy, nuts, peanuts, gluten, fish, crustaceans, molluscs, sesame seeds and soya in our kitchens. If you have an intolerance or an allergy to any product, especially those listed, we recommend you do not dine here, as much as we would love you to.

PLEASE EXERCISE YOUR OWN DISCRETION AS WE CANNOT ACCEPT RESPONSIBILITY SHOULD ANY TRACES OF ALLERGENS BE PERSENT IN ANY OF OUR DISHES.

All dishes are subject to availability.

Dishes suitable for those with

#### **CELIAC** disease.

We cannot guarantee that traces of allergenic foods never occur due to the risk of cross-contamination in the cooking process.

#### **Starters:**

Singapore Laksa (Prawn, Chicken)
Vegan Singapore Laksa
Edamame with Garlic Spiced Salt
Green Papaya Salad \*\*Please request without crackers.

#### **Main Course:**

Singapore Laksa (Prawn, Express Lunch Chicken)

Vegan Singapore Laksa

Thai Chicken Massaman

Thai Green Curry (Chicken, Prawn, Tofu, Vegan Bites)

The Legendary Beef Rendang

Malaysian Prawn Kari Vegan Coconut Kari

Pad Thai (Chicken, Chicken & Prawn, Tofu, Prawn, Vegan

Bites) \*\*Please request without crackers.

#### **Sides:**

Steamed Jasmine Rice

Egg Fried Rice

Green Papaya Salad \*\*Please request without crackers.

Express Lunch Plate (served with Quick Lunch Bowl set

dishes only) \*Please request without salad dressing Combo (Jasmine Rice / Egg Fried Rice)

\* Please request without crackers and salad dressing
Vegan Combo (Jasmine Rice) \* Please request without
crackers and salad dressing

#### **Desserts:**

Balinese 'Pulut Hitman' Pudding Ice creams and Sorbets Little Moons Mochi – Matcha Green Tea / Vegan Chocolate / Alphonso Mango

#### **Drinks:**

Except for the following drinks, all other drinks do not contain gluten:

All beers (contain Barley)

#### **GLUTEN free dishes**

Whilst the below dishes do not contain gluten as an ingredient, due to the risk of cross-contamination, they may not be suitable for those with Celiac disease. Dishes suitable for those with celiac dishes can be found in the "Dishes suitable for those with CELIAC disease" on page 4-5.

#### Starters:

Prawn Cracker Basket \*\*Please request without sweet chilli sauce

Vegan Cracker Basket\*\*Please request without sweet chilli sauce

Edamame with Garlic Spiced Salt

Green Papaya Salad

Singapore Laksa (Chicken, Prawn)

Vegan Singapore Laksa

#### Main Course:

Pad Thai (Chicken, Chicken & Prawn, Prawn, Vegan Bites, Tofu)

Singapore Laksa (Grilled Chicken, Seafood, Prawn,

Express Lunch Chicken)

Vegan Singapore Laksa

Thai Green Curry (Chicken, Prawn, Tofu, Vegan Bites)

Thai Chicken Massaman

Thai Red Seafood Curry

Malaysian Prawn Kari Vegan Coconut Kari

The Legendary Beef Rendang

Indonesian Chicken Jawa\*\*Please request without Asian Slaw

#### Sides:

Steamed Jasmine Rice Egg Fried Rice

Green Papaya Salad

Sweet Potato Wedges with Thai Sriracha Mayo

Express Lunch Plate (served with Express Lunch only) \*Please

## request without salad dressing

Combo (Jasmine Rice / Egg Fried Rice) \*Please request without salad dressing

Vegan Combo (Jasmine Rice) \*Please request without salad dressing

#### **Desserts:**

Balinese 'Pulut Hitam' Pudding Ice Cream and Sorbets Little Moons Mochi - Matcha Green Tea / Vegan Chocolate / Alphonso Mango

#### **Drinks:**

Except for the following drinks, all other drinks do not contain gluten:

All beers (contain Barley)

#### **CRUSTACEANS** free dishes

#### **Starters:**

Vegan Cracker Basket

Edamame with Garlic Spiced Salt

Sweetcorn Fritter Balls (with Thai Sriracha Mayo,

with Sweet Chilli Sauce)

Vietnamese Spring Rolls

Crispy Vegan Gyoza

Green Papaya Salad

Sticky Thai Wings

Grilled Aubergine Half

Singapore Laksa (Chicken)

Vegan Singapore Laksa Steamed Chicken Dumplings

Thai Calamari

Malaysian Satay Sticks Set (Chicken, Vegan)

#### **Main Courses:**

Bun Bo Noodle Salad (Grilled Chicken, Vegan Satay Sticks)

Blackened Monk's Noodles

Pad Thai (Chicken) \*Please request without crackers

## Pad Thai (Vegan Bites, Tofu)

Singapore Laksa (Grilled Chicken, Express Lunch Chicken)

Vegan Singapore Laksa

Chicken Gyoza & Pak Choi Ramen (Savoury White Miso, Aromatic Soy)

Vegan Gyoza & Pak Choi Ramen (Savoury White Miso, Aromatic Soy)

Classic Sweet & Sour (Chicken, Vegan Bites)

Crispy Chicken in Mango & Sweet Lime Sauce Tamarind Crispy Fish

Tamarind Spicy Aubergine

Thai Green Curry (Chicken, Vegan Bites, Tofu)

Thai Chicken Massaman

Vegan Coconut Kari

Chilli, Lime Leaf and Cashew Nuts (Chicken, Vegan bites)

Teriyaki Stir Fry (Chicken, Vegan bites, Tofu)

Panko Crispy Chicken Katsu

Crispy Panko Vegan Katsu

Indonesian Chicken Jawa

Blackened Chilli Beef

#### **Sides:**

Steamed Jasmine Rice

Egg Fried Rice

**Asian Slaw** 

Sweet Potato Fries with Sriracha Mayo

Leafy Thai Salad

Stir-Fry Broccoli

Green Papaya Salad

Soya Noodles with Beansprouts

Sweetcorn Fritter Balls (with Thai Sriracha Mayo, with Sweet Chilli Sauce)

Express Lunch Plate (served with Express Lunch only)

Combo (Jasmine Rice / Egg Fried Rice / Soya Noodles) \*Please

## request without crackers

Vegan Combo (Jasmine Rice / Soya Noodles)

#### **Desserts:**

Banana 'Frofiteroles' (Vanilla Ice Cream / Mango Sorbet / Raspberry Sorbet)

Balinese 'Pulut Hitam' Pudding

Coconut Stuffed Green Thai Pancakes

Warm Chocolate Indo-Fondant

Ice Cream & Sorbets

Little Moons Mochi - Matcha Green Tea / Vegan Chocolate / Alphonso Mango

## **Drinks:**

All our drinks do not contain crustaceans.

#### **EGG** free dishes



#### Starters:

Prawn Cracker Basket Vegan Cracker Basket

Edamame with Garlic Spiced Salt

Sweetcorn Fritter Balls (with Sweet Chilli Sauce)

Mekong Prawns Vietnamese Spring Rolls Crispy Vegan Gyoza

Green Papaya Salad Sticky Thai Wings Grilled Aubergine Half

Singapore Laksa (Chicken, Prawn)

Vegan Singapore Laksa

Thai Calamari

Malaysian Satay Sticks Set (Chicken, Vegan)

#### **Mains:**

Bun Bo Noodle Salad (Grilled Chicken, Vegan Satay Sticks)

Blackened Monk's Noodles

Pad Thai (Vegan Bites, Tofu)

Singapore Laksa (Grilled Chicken, Seafood, Prawn, Express

Lunch Chicken)

Vegan Singapore Laksa

Vegan Gyoza & Pak Choi Ramen (Savoury White Miso,

Aromatic Soy)

Chilli, Lime Leaf & Cashew Nut Stir Fry (Chicken, Prawn, Vegan

Bites)

Teriyaki Stir Fry (Chicken, Prawns, Vegan bites, Tofu)

Classic Sweet & Sour (Chicken, Vegan Bites)

Crispy Chicken in Mango & Sweet Lime Sauce

Tamarind Crispy Fish

Tamarind Spicy Aubergine

Thai Green Curry (Chicken, Prawn, Tofu, Vegan Bites)

Thai Chicken Massaman

Thai Red Seafood Curry

Malaysian Prawn Kari

Vegan Coconut Kari

The Legendary Beef Rendang

Panko Crispy Chicken Katsu

Crispy Panko Vegan Katsu

Grilled Teriyaki Salmon Stir Fry with Japanese rice

Indonesian Chicken Jawa \* Please request without Asian Slaw

Blackened Chilli Beef\* Please request without Asian Slaw

Char-Grilled Duck with Hoisin and Cashew Nuts \* Please request

#### without Asian Slaw

Banana Tree Spiced Noodles \*Please request without egg Pad Thai (Chicken, Chicken & Prawn, Prawn) \*Please request without egg

#### Sides:

Steamed Jasmine Rice

Stir-Fry Broccoli

Leafy Thai Salad

Green Papaya Salad

Soya Noodles with Beansprouts

Sweetcorn Fritter Balls (with Sweet Chilli Sauce)

Express Lunch Plate (served with Express Lunch set dishes only)

Combo (Jasmine Rice / Soya Noodles)

Vegan Combo (Jasmine Rice / Soya Noodles)

Sweet Potato Fries with Sriracha Mayo \*Please request without

## Thai Sriracha Mayo

#### **Desserts:**

Banana Fritters (Vanilla Ice Cream / Mango Sorbet / Raspberry Sorbet)

Balinese 'Pulut Hitam' Pudding Ice Cream and Sorbets Little Moons Mochi – Matcha Green Tea / Vegan Chocolate / Alphonso Mango

## **Drinks:**

All our drinks do not contain eggs.

#### **FISH free dishes**

#### **Starters:**

Vegan Cracker Basket
Edamame with Garlic Spiced Salt
Sweetcorn Fritter Balls (with Thai Sriracha

Mayo, with Sweet Chilli Sauce)

Vietnamese Spring Rolls

Crispy Vegan Gyoza

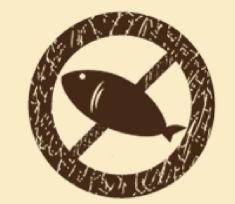
Grilled Aubergine Half

Singapore Laksa (Chicken, Prawn)

Vegan Singapore Laksa

Steamed Chicken Dumplings

Malaysian Satay Sticks Set (Chicken, Vegan)



#### **Mains:**

Bun Bo Noodle Salad (Grilled Chicken, Vegan Satay Sticks)

Blackened Monks Noodles

Pad Thai (Chicken, Vegan Bites, Tofu)

Singapore Laksa (Grilled Chicken, Express Lunch Chicken)

Vegan Singapore Laksa

Chicken Gyoza & Pak Choi Ramen (Savoury White Miso,

Aromatic Soy)

Vegan Gyoza & Pak Choi Ramen (Savoury White Miso, Aromatic Soy)

Chilli, Lime Leaf and Cashew Nuts (Chicken, Vegan Bites)

Teriyaki Stir Fry (Chicken, Prawns, Vegan Bites, Tofu)

Classic Sweet & Sour Stir Fry (Chicken, Vegan Bites)

Tamarind Spicy Aubergine

Thai Green Curry (Chicken, Prawns, Tofu, Vegan Bites)

Vegan Coconut Kari

## Panko Crispy Chicken Katsu Crispy Panko Vegan Katsu

#### Sides:

Steamed Jasmine Rice

Egg Fried Rice

**Asian Slaw** 

Sweet Potato Wedges with Thai Sriracha Mayo

Leafy Thai Salad

Stir-Fry Broccoli

Soya Noodles with Beansprouts

Sweetcorn Fritter Balls (with Thai Sriracha Mayo, with Sweet Chilli Sauce)

Express Lunch Plate (served with Express Lunch only)

Combo (Jasmine Rice / Egg Fried Rice / Soya Noodles)

Vegan Combo (Jasmine Rice / Soya Noodles)

#### **Desserts:**

Banana Fritters (Vanilla Ice Cream / Raspberry Sorbet / Mango Sorbet)

Balinese 'Pulut Hitam' Pudding Coconut Stuffed Green Thai Pancakes

Warm Chocolate Indo-Fondant

Ice Cream & Sorbets

Little Moons Mochi - Matcha Green Tea / Vegan Chocolate / Alphonso Mango

## **Drinks:**

All our drinks do not contain fish.

## **MILK free dishes**

#### Starters:

Prawn Cracker Basket

Vegan Cracker Basket

Edamame with Garlic Spiced Salt

Sweetcorn Fritter Balls (with Thai Sriracha Mayo, with Sweet

Chilli Sauce)

**Mekong Prawns** 

Vietnamese Spring Rolls

Crispy Vegan Gyoza

Green Papaya Salad

Sticky Thai Wings

**Grilled Aubergine Half** 

Singapore Laksa (Chicken, Prawns)

Vegan Singapore Laksa

Thai Calamari

Malaysian Satay Sticks Set (Chicken, Vegan)

#### Mains:

Bun Bo Noodle Salad (Grilled Chicken, Vegan Satay Sticks)

Blackened Monk's Noodles

Banana Tree Spiced Noodles

Pad Thai (Chicken, Chicken & Prawn, Prawn, Vegan Bites, Tofu)

Singapore Laksa (Grilled Chicken, Seafood, Prawns, Express

Lunch Chicken)

Vegan Singapore Laksa

Vegan Gyoza & Pak Choi Ramen (Savoury White Miso, Aromatic Soy)

Chilli, Lime Leaf & Cashew Nuts (Chicken, Prawns, Vegan Bites)

15

Teriyaki Stir Fry (Chicken, Prawns, Vegan Bites, Tofu)

Classic Sweet & Sour Stir Fry (Chicken, Vegan Bites)

Crispy Chicken in Mango & Sweet Lime Sauce

Tamarind Crispy Fish



Tamarind Spicy Aubergine

Thai Green Curry (Chicken, Prawns, Tofu, Vegan Bites)

Malaysian Prawn Kari

Vegan Coconut Kari

Panko Crispy Chicken Katsu

Crispy Panko Vegan Katsu

Indonesian Chicken Jawa

Blackened Chilli Beef

Char-Grilled Duck with Hoisin and Cashew Nuts Indonesian Chicken Jawa with Nasi Goreng and Asian Slaw Blackened Chilli Beef with Nasi Goreng and Asian Slaw Char Grilled Duck with Nasi Goreng and Asian Slaw Grilled Teriyaki Salmon Stir Fry with Japanese rice

#### **Sides:**

Steamed Jasmine Rice

Egg Fried Rice

Asian Slaw

Sweet Potato Wedges with Thai Sriracha Mayo

Leafy Thai Salad

Stir-Fry Broccoli

Green Papaya Salad

Soya Noodles with Beansprouts

Sweetcorn Fritter Balls (with Thai Sriracha Mayo, with Sweet Chilli Sauce)

Nasi Goreng Indonesian Fried Rice

Express Lunch Plate (served with Express Lunch only)

Combo (Jasmine Rice / Egg Fried Rice / Soya Noodles)

Vegan Combo (Jasmine Rice / Soya Noodles)

#### **Desserts:**

Banana Fritters (Mango Sorbet / Raspberry Sorbet)

Sorbets

Little Moons Mochi - Vegan Chocolate

16

## **Drinks:**

Except for the following drinks, all other drinks do not contain milk: Pina Colada
Coconut Colada
Milk (for tea and coffee).

#### **MOLLUSCS** free dishes

#### **Starters:**

Prawn Cracker Basket Vegan Cracker Basket Edamame with Garlic Spiced Salt Sweetcorn Fritter Balls (with Thai Sriracha

Mayo, Vegan with Sweet Chilli Sauce)

**Mekong Prawns** 

Vietnamese Spring Rolls

Crispy Vegan Gyoza

Steamed Chicken Dumplings

Green Papaya Salad Grilled Aubergine Half

Singapore Laksa (Chicken, Prawn)

Vegan Singapore Laksa

Malaysian Satay Sticks Set (Chicken, Vegan)



Bun Bo Noodle Salad (Grilled Chicken, Vegan Satay Sticks)

Blackened Monks Noodles

Pad Thai (Chicken, Chicken & Prawn, Prawn, Vegan Bites, Tofu)

Singapore Laksa (Grilled Chicken, Seafood, Prawns, Express

Lunch Chicken)

Vegan Singapore Laksa

Chicken Gyoza & Pak Choi Ramen (Savoury White Miso,

Aromatic Soy)

Vegan Gyoza & Pak Choi Ramen (Savoury White Miso, Aromatic

Soy)

Chilli, Lime Leaf & Cashew Nuts (Chicken, Prawns, Vegan Bites)

Teriyaki Stir Fry (Chicken, Prawns, Vegan Bites, Tofu)

Crispy Chicken in Mango & Sweet Lime Sauce

Tamarind Spicy Aubergine

Thai Green Curry (Chicken, Prawn, Tofu, Vegan Bites)

Thai Chicken Massaman

Thai Red Seafood Curry



Malaysian Prawn Curry
Vegan Coconut Kari
The Legendary Beef Rendang
Panko Crispy Chicken Katsu
Crispy Panko Vegan Katsu
Indonesian Chicken Jawa Blackened Chilli Beef
Char-Grilled Duck with Hoisin and Cashew Nuts
Grilled Teriyaki Salmon Stir Fry with Japanese rice

#### Sides:

Steamed Jasmine Rice Egg Fried Rice
Asian Slaw
Sweet Potato Wedges with Thai Sriracha Mayo
Leafy Thai Salad
Stir-Fry Broccoli Green Papaya Salad
Soya Noodles with Beansprouts

Sweetcorn Fritter Balls (with Thai Sriracha Mayo, with Sweet Chilli Sauce)

Express Lunch Plate (served with Express Lunch only)
Combo (Jasmine Rice / Egg Fried Rice / Soya Noodles)
Vegan Combo (Jasmine Rice / Soya Noodles)

#### **Desserts:**

Banana 'Frofiteroles' (Vanilla Ice Cream / Raspberry Sorbet / Mango Sorbet)

Warm Chocolate Indo-Fondant Balinese 'Pulut Hitam' Pudding Coconut Stuffed Green Thai Pancakes Ice Cream & Sorbets Little Moons Mochi – Matcha Green Tea / Vegan Chocolate / Alphonso Mango

## **Drinks:**

All our drinks do not contain molluscs.

## **NUT free dishes \*\*\* (Read Disclaimer)**

(Almonds, hazelnuts, walnuts, pecan nuts, Brazil nuts, pistachio, cashew, macadamia or Queensland nut)

We use nuts in our kitchen and we are unable to give 100% assurance that all of our food is free from nuts. \*Please note that the mixed nut garnish contains peanuts and sesame only.

#### **Starters:**

Prawn Cracker Basket

Vegan Cracker Basket

Edamame with Garlic Spiced Salt

Sweetcorn Fritter Balls (with Thai Sriracha Mayo, with

Sweet Chilli Sauce)

Vietnamese Spring Rolls

Crispy Vegan Gyoza

Sticky Thai Wings

Grilled Aubergine Half

Singapore Laksa (Chicken, Prawn)

Vegan Singapore Laksa Steamed Chicken Dumplings

Thai Calamari

Green Papaya Salad (Contains peanuts only)

Malaysian Satay Sticks Set (Chicken, Vegan) (Contains peanuts only)

Mekong Prawns (Contains peanuts and sesame only)

#### Mains:

Blackened Monk's Noodles Banana Tree Spiced Noodles Singapore Laksa (Grilled Chicken, Seafood, Prawn, Express Lunch Chicken)

Vegan Singapore Laksa

Chicken Gyoza & Pak Choi Ramen (Savoury White Miso,

Aromatic Soy)

Vegan Gyoza & Pak Choi Ramen (Savoury White Miso,

Aromatic Soy)

Teriyaki Stir Fry (Chicken, Prawns, Vegan Bites, Tofu)

Classic Sweet & Sour (Chicken, Vegan Bites)

Crispy Chicken in Mango & Sweet Lime Sauce

Tamarind Spicy Aubergine

Thai Green Curry (Chicken, Prawn, Tofu, Vegan Bites)

Thai Chicken Massaman (Contains peanuts only)

Thai Red Seafood Curry

Malaysian Prawn Kari

Vegan Coconut Kari

The Legendary Beef Rendang

Panko Crispy Chicken Katsu

Crispy Panko Vegan Katsu

Indonesia Chicken Jawa

Blackened Chilli Beef

Grilled Teriyaki Salmon Stir Fry with Japanese rice

Bun Bo Noodle Salad (Grilled Chicken, Vegan Satay Sticks)

(Contains peanuts and sesame only)

Pad Thai (Chicken, Chicken & Prawn, Prawn, Vegan Bites,

Tofu) (Contains peanuts and sesame only)

Tamarind Crispy Fish (Contains peanuts and sesame only)

Char-Grilled Duck with Hoisin and Cashew Nuts \*\*Please

## request without Cashew Nuts

Chilli, Lime Leaf & Cashew Nuts Stir Fry (Chicken, Prawns, Vegan Bites) \*\*Please request without Cashew Nuts

#### Sides:

Steamed Jasmine Rice

Egg Fried Rice

Stir-Fry Broccoli

Asian Slaw

Sweet Potato Wedges with Thai Sriracha Mayo

Leafy Thai Salad

Green Papaya Salad (Contains peanuts only)

Soya Noodles with Beansprouts

Sweetcorn Fritter Balls (with Thai Sriracha Mayo, with Sweet

Chilli Sauce)

Express Lunch Plate (served with Express Lunch only)

Combo (Jasmine Rice / Egg Fried Rice / Soya Noodles)

Vegan Combo (Jasmine Rice / Soya Noodles)

#### **Desserts:**

Banana Fritters (Vanilla Ice Cream / Mango Sorbet / Raspberry Sorbet)

Balinese 'Pulut Hitam' Pudding

Warm Chocolate Indo-Fondant

Coconut Stuffed Green Thai Pancakes

Ice Cream & Sorbets

Little Moons Mochi - Matcha Green Tea / Vegan Chocolate /

Alphonso Mango

## **Drinks:**

Except for the following drinks, all other drinks do not contain nuts:

Amaretto (contains almonds, hazelnut and walnuts).

\*\*\* Please note that because we use nuts in our kitchen, we are unable to give 100% assurance that all our food is free from nuts.

22

#### **PEANUT free dishes**

#### **Starters:**

Prawn Cracker Basket

Vegan Cracker Basket

Edamame with Garlic Spiced Salt

Sweetcorn Fritter Balls

(with Thai Sriracha Mayo, with Sweet Chilli Sauce)

Vietnamese Spring Rolls

Crispy Vegan Gyoza

Sticky Thai Wings

Grilled Aubergine Half

Singapore Laksa (Chicken, Prawn)

Vegan Singapore Laksa

Steamed Chicken Dumplings

Thai Calamari

#### Mains:

Blackened Monk's Noodles

Banana Tree Spiced Noodles

Singapore Laksa (Grilled Chicken, Seafood, Prawn, Express

Lunch Chicken)

Vegan Singapore Laksa

Chicken Gyoza & Pak Choi Ramen (Savoury White Miso,

Aromatic Soy)

Vegan Gyoza & Pak Choi Ramen (Savoury White Miso,

Aromatic Soy)

Chilli, Lime Leaf & Cashew Nuts (Chicken, Prawns, Vegan

Bites)

Teriyaki Stir Fry (Chicken, Vegan Bites, Tofu)

Classic Sweet & Sour Stir Fry (Chicken, Vegan Bites)



Crispy Chicken in Mango & Sweet Lime Sauce

Tamarind Spicy Aubergine

Thai Green Curry (Chicken, Prawn, Tofu, Vegan Bites)

Malaysian Prawn Kari

Vegan Coconut Kari

Thai Red Seafood Curry

The Legendary Beef Rendang

Panko Crispy Chicken Katsu

Crispy Panko Vegan Katsu

Indonesian Chicken Jawa

Blackened Chilli Beef

Char-Grilled Duck with Hoisin and Cashew Nuts

Indonesian Chicken Jawa with Nasi Goreng and Asian Slaw

Blackened Chilli Beef with Nasi Goreng and Asian Slaw

Char Grilled Duck with Nasi Goreng and Asian Slaw

Grilled Teriyaki Salmon Stir Fry with Japanese rice

Bun Bo Salad (Grilled Chicken, Vegan Satay Sticks) \*Please

request without peanut and sesame mix

Pad Thai (Chicken, Chicken & Prawn, Prawn, Vegan Bites,

Tofu) \*Please request without peanut and sesame mix

Thai Chicken Massaman \*Please request without peanut

garnish

Tamarind Crispy Fish \*Please request without peanut and sesame mix

#### **Sides:**

Steamed Jasmine Rice

**Egg Fried Rice** 

Asian Slaw

Sweet Potato Wedges with Thai Sriracha Mayo

Leafy Thai Salad

Stir-Fry Broccoli

Soya Noodles with Beansprouts
Sweetcorn Fritter Balls (with Thai Sriracha Mayo, with Sweet
Chili Sauce)

Nasi Goreng Indonesian Fried Rice Express Lunch Plate (served with Express Lunch only) Combo (Jasmine Rice / Egg Fried Rice / Soya Noodles) Vegan Combo (Jasmine Rice / Soya Noodles)

#### **Desserts:**

Banana Fritters (Vanilla Ice Cream / Mango Sorbet /
Raspberry Sorbet)
Balinese 'Pulut Hitam' Pudding
Coconut Stuffed Green Thai Pancakes
Warm Chocolate Indo-Fondant
Ice Creams & Sorbets
Little Moons Mochi – Matcha Green Tea / Vegan Chocolate /
Alphonso Mango

#### **Drinks:**

All our drinks do not contain peanuts.

\*\*\* Please note, we use peanutsin our kitchen and we are unable to give 100% assurance that all our food is free from peanuts.

#### **SESAME free dishes**

#### Starters:

Prawn Cracker Basket

Vegan Cracker Basket

Sweetcorn Fritter Balls (with Sweet

Chilli Sauce)

Sticky Thai Wings

Singapore Laksa (Chicken, Prawn)

Vegan Singapore Laksa

Mekong Prawns

Edamame with Garlic Spiced Salt \*Please request without

## **Garlic Spiced Salt**

Thai Calamari \*Please request without sesame seeds

#### Mains:

Singapore Laksa (Grilled Chicken, Seafood, Prawns, Express Lunch Chicken)

Vegan Singapore Laksa

Chilli, Lime Leaf & Cashew Nut Stir-Fry (Chicken, Prawns,

Vegan Bites)

Teriyaki Stir Fry (Chicken, Vegan bites, Tofu)

Tamarind Spicy Aubergine

Thai Green Curry (Chicken, Prawns, Tofu, Vegan Bites)

Thai Chicken Massaman

Thai Red Seafood Curry

Malaysian Prawn Kari

Vegan Coconut Kari

The Legendary Beef Rendang

Indonesian Chicken Jawa

Blackened Chilli Beef



The Legendary Beef Rendang Indonesian Chicken Jawa Blackened Chilli Beef

Indonesian Chicken Jawa with Nasi Goreng and Asian Slaw Blackened Chilli Beef with Nasi Goreng and Asian Slaw Bun Bo Salad (Grilled Chicken, Vegan Satay Sticks) \*Please request without peanut and sesame mix

Pad Thai (Chicken, Chicken & Prawn, Prawn, Vegan Bites, Tofu) \*Please request without peanut and sesame mix Classic Sweet & Sour (Chicken, Vegan Bites) \*Please request without sesame seeds

CrispyChicken in Mango& Sweet Lime Sauce \*Please request without sesame seeds

Tamarind CrispyFish \*Please request without peanut and sesame mix

Banana Tree Spiced Noodles \*Please request without sesame seeds

#### Sides:

**Asian Slaw** 

Leafy Thai Salad

Sweetcorn Fritter Balls (with Sweet Chilli Sauce)

Nasi Goreng Indonesian Fried Rice

Steamed Jasmine Rice \*Please request without sesame seeds

Egg Fried Rice \*Please request without sesame seeds
Stir-Fry Broccoli \*Please request without sesame seeds
Soya Noodles with Beansprouts \*Please request without sesame seeds

#### **Desserts:**

Warm Chocolate Indo-Fondant

Banana Fritters (Vanilla Ice Cream / Mango Sorbet /

Raspberry Sorbet) \*Please request without sesame seeds

Balinese 'Pulut Hitam' Pudding \*Please request without

sesame seeds

Coconut Stuffed Green Thai Pancakes \*Please request without sesame seeds

Ice Cream & Sorbets \*Please request without sesame seeds

## **Drinks:**

All our drinks do not contain sesame.

\*\*\*Please note that we use sesame in our kitchen. We are unable to give 100% assurancethat our food is free from sesame

## **SOYBEAN free dishes**

#### **Starters:**

Prawn Cracker Basket Vegan Cracker
Basket
Sweetcorn Fritter Balls (with Thai Sriracha
Mayo with Sweet Chilli Sauce)
Green Papaya Salad
Sticky Thai Wings
Thai Calamari



#### **Mains:**

Crispy Chicken in Mango & Sweet Lime Sauce
Tamarind Crispy Fish
Thai Green Curry (Chicken, Prawns) Thai Chicken Massaman
Thai Red Seafood Curry
Indonesian Chicken Jawa

#### **Sides:**

Steamed Jasmine Rice Egg Fried Rice
Asian Slaw
Sweet Potato Wedges with Thai Sriracha Mayo
Leafy Thai Salad
Green Papaya Salad
Sweetcorn Fritter Balls (with Thai Sriracha Mayo, with Sweet
Chilli Sauce)

#### **Desserts:**

Banana Fritters (Vanilla Ice Cream / Mango Sorbet / Raspberry Sorbet) Balinese 'Pulut Hitam' Pudding Coconut Stuffed Green Thai Pancakes Ice Cream & Sorbets

## **Drinks:**

All our drinks do not contain soybeans.

## Celery

All our dishes do not contain celery except for: Thai Red Seafood Curry Panko Crispy Chicken Katsu Crispy Panko Vegan Katsu

#### Mustard

We do not use Mustard in any of our dishes, except for:
Singapore Laksa (Grilled Chicken)
Panko Crispy Chicken Katsu
Crispy Panko Vegan Katsu
Indonesian Chicken Jawa
Indonesian Chicken Jawa with Nasi Goreng and Asian Slaw

## Lupin

We do not use Lupin in any of our dishes.

## **Sulphur Dioxide or Sulphites**

We do not use Sulphur Dioxide or Sulphites in any of our dishes except:
Mekong Prawns
Green Papaya Salad
Indonesian Chicken Jawa
Blackened Chilli Beef
Char-Grilled Duck with Hoisin and Cashew Nuts
Indonesian Chicken Jawa with Nasi Goreng and Asian Slaw
Blackened Chilli Beef with Nasi Goreng and Asian Slaw

## **Drinks:**

Except for the following drinks, all other drinks do not contain Sulphur Dioxide or Sulphites:

Red Wine

White Wine

Rose Wine

Sparkling Wine

Cider

Pina Colada

Pornstar Martini

Rangoon Zombie

Baileys

**Aperol Spritz** 

**Kids Menu** 

Supreme Crispy Chicken contains: cereals (wheat)

Crunchy Sweetcorn Fritters contains: cereals (wheat)

Chicken Nuggets contains: cereals (wheat), soybeans

Vegan Nuggets contains: soybeans

Jasmine Rice contains: sesame \*Can be requested without sesame

Egg Fried Rice contains: eggs, sesame \*Can be requested without sesame

**Soya Noodles with Beansprouts** contains: cereals (wheat), soybeans, sesame \*Can be requested without sesame

Sweet Potato Fries contains: no allergens

Sweet & Sour Sauce contains: cereals (barley), soybeans

**Sweet Lime and Mango Sauce** contains: cereals (barley), fish

Ketchup contains: celery

Super Chicken Katsu with Soy Noodles contains: Celery, cereals (wheat), mustard, soybeans

Super Chicken Katsu with Steamed Rice contains: Celery, cereals (wheat), mustard

Super Vegan Katsu with Soy Noodles contains: Celery, cereals (wheat), mustard, soybeans

Super Vegan Katsu with Steamed Rice contains: Celery, cereals (wheat), mustard, soybeans

#### **Breakfast Menu**

Food:

**Kaya Jam and Toast** contains: Cereals (rye, wheat), eggs and milk.

Granola with Greek Yoghurt and Cherry Compote contains: Cereals (oat, barley) and milk.

Balinese Black Rice Pudding contains: Milk.

**Banana Roti Canai Wrap** contains: Cereals (wheat) and milk.

Coconut Porridge contains: Cereals (oat).

French Toast with Caramelised Banana and Coconut Custard contains: Cereals (wheat), eggs and milk.
French Toast with Caramelised Banana and Maple Syrup contains: Cereals (wheat), eggs and milk.

Eggs Benedict Roti Canai Wrap contains: Cereals (wheat), eggs, milk and soybeans.

Thai Omelette & Aubergine Roti Canai Wrap contains: Cereals (barley, wheat), eggs, sesame seeds and soybeans.

**Spinach and Tomato Roti Canai Wrap** contains: Cereals (barley, wheat).

**Thai Omelette** contains: Cereals (wheat) and eggs. **Bacon & Egg Breakfast Fried Rice** contains: Cereals (wheat), eggs and soybeans.

Malaysian Dippy Egg & Toast contains: Cereals (rye, wheat), eggs, milk, sesame seeds and soybeans.

Chilli Scrambled Eggs contains: Cereals (rye), eggs and milk.

Pain Au Chocolat contains: Cereals (wheat), eggs and milk.

All Butter Croissant contains: Cereals (wheat), eggs and milk.

35

**Pastry Selection** – Mini Cinnamon Swirl contains: Cereals (wheat), egg and milk.

**Pastry Selection** – Mini Vanilla Flavour Crown contains: Cereals (wheat), egg, nuts (almond) and milk.

**Pastry Selection** – Mini Raspberry Crown contains: Cereals (wheat), egg and nuts (almond).

**Pastry Selection** – Mini Apple Coronet contains: Cereals (wheat) and eggs.

**Pastry Selection** – Mini Maple Pecan Plait contains: Cereals (wheat), nuts (pecan), egg and milk.

Full English with Poached or Fried Egg contains: Cereals (rye, wheat), eggs and sulphites.

Full English with Scrambled Eggs contains: Cereals (rye, wheat), eggs, milk and sulphites.

Full Vegetarian with Poached or Fried Egg contains: Cereals (rye, wheat), eggs and sulphites.

Full Vegetarian with Scrambled Eggs contains: Cereals (rye, wheat), eggs, milk and sulphites.

Full Pan-Asian with Poached or Fried Egg contains: Cereals (wheat), eggs, sesame seeds, soybeans and sulphites.

Full Pan-Asian with Scrambled Eggs contains: Cereals (wheat), eggs, sesame seeds, soybeans, milk and sulphites.

Full Veggie Pan-Asian with Poached or Fried Egg contains: Cereals (wheat), eggs, sesame seeds, soybeans and sulphites.

Full Veggie Pan-Asian with Scrambled Eggs contains: Cereals (wheat), eggs, sesame seeds, soybeans, milk and sulphites.

Full Vegan contains: Cereals (rye, wheat) and soybeans. Full Vegan Pan-Asian contains: Cereals (wheat), sesame seeds and soybeans.

**Drinks:** 

Morning Booster contains: N/A

Raw Mix contains: N/A Fruit Mix contains: N/A

Fruit Mix Twist contains: N/A

Orange, Apple or Carrot Juice (or any combination of 2)

contains: N/A

Coffee Beans contains: N/A

Hot Chocolate contains: Milk.

English Breakfast Tea contains: N/A

Earl Grey Tea contains: N/A

Rooibos Tea contains: N/A

Green Tea contains: N/A

Mint Tea contains: N/A

Chamomile Tea contains: N/A

Milk contains: Milk.

Soy Milk contains: Soybeans.

#### **Breakfast Buffet**

Wholemeal bloomer contains Cereals (Wheat), soyabeans Gluten Free slice White Loaves contains Egg

Sliced smoked Ham - N/A

Salami - N/A

Sliced Turkey Breast - N/A

Apple Juice - N/A

Margerine - N/A

Strawberry preserve (Jam) -N/A

Marmalade - N/A

Soya Milk contains Soybeans

Monterey Jack cheese slices contains Milk

Emmental cheese slices contains Milk

Fresh Fruit slices contains N/A

Kellogg's Coco Pops contains Cereals (barley)

Kellogg's Crunchy Nuts contains Cereals (barley), peanuts

Kellogs Corn Flakes contains Cereals (barley)

**Cranberry Juice** - N/A

Orange Juice - N/A

HP Brown Sauce contains Cereals (rye, barley)

Kellogs Granola contains Cereals (wheat, oats, barley)

**Butter portions** contains Milk

Chocolate Croissants contains Cereals (wheat), egg, milk, soybeans

Butter Croissant contains Cereals (wheat), egg, milk Pain aux Raisins contains Cereals (wheat), egg, milk Fat-free plain yoghurt contains Milk

#### **Tapas Sets**

#### Hanoi

Contains: Cereals containing gluten (Barley, Wheat), Sesame seeds, Soybeans

## **Chiang Mai**

Contains: Cereals containing gluten (Barley, Wheat), Crustacean shellfish, Eggs, Fish, Milk, Peanuts, Sesame seeds, Sulphur dioxide and sulphites

#### **Phuket Island**

Contains: Celery, Cereals containing gluten (Barley, Wheat), Crustacean shellfish, Eggs, Fish, Milk, Molluscs, Sesame seeds

#### **Penang**

Contains: Cereals containing gluten (Barley, Wheat), Crustacean shellfish, Eggs, Fish, Milk, Peanuts, Sesame seeds, Soybeans

## Singapore

Contains: Cereals containing gluten (Barley, Wheat), Sesame seeds, Soybeans

#### **Lombok BBQ**

Contains: Cereals containing gluten (Barley, Wheat), Fish, Peanuts, Sesame seeds, Soybeans, Sulphur dioxide and sulphites

#### **Kyoto**

Contains: Cereals containing gluten (Barley, Wheat), Crustacean shellfish, Sesame seeds, Soybeans

## **Ha Long Bay**

Contains: Cereals containing gluten (Wheat), Crustacean shellfish, Eggs, Fish, Nuts, Peanuts, Sesame seeds, Soybeans, Sulphur dioxide and sulphites

#### Homemade Chilli Sauce:

**Contains**: Gluten (Barley). Water, Red Chilli, Sugar, Garlic, Salt, Stabilizer (Xathan Gum), Thickener (modified Corn Starch), Acidity Regulator (Acetic Acid), Preservative (Sodium Benzoate), Natural Colour (Paprika Oleoresin) Vinegar, Garlic, Thickener: E1442, Salt, Flavour Enhancer: Monosodium Glutamate (E621), Crushed chilli flakes.

